



Functional Capacity Assessments

WHAT DOES THE FUNCTIONAL CAPACITY REPORT COVER?

FCA reports provide information on a participant's background including diagnosis, education, informal and formal supports, home environment, symptoms related to diagnosis, and current life roles, routines, and activities. FCA reports then include an in-depth summary of the impact of diagnosis on function. This includes reporting on a participant's:

- Indoor and outdoor mobility, transfers and seating
- Gross and fine motor skills
- Cognition including attention, logic/reasoning, safety/judgement, executive functioning, communication, learning, emotional and self-regulation, behaviour and mental illness, social interaction and sensory processing.
- Activities of daily living including showering, toileting, grooming, dressing, feeding, sleep.
- Instrumental activities of daily living including community access, basic meal preparation, household chores, medical/medication management, money management.

WHAT ARE SOME OF THE ASSESSMENTS USED?

Standardised assessment such as the Vineland-3 is also administered and reported on to provide evidence of the impact of diagnosis. Other standardised assessments preferred by



NDIS include the World Health Organisation disability assessment schedule (WHODAS) 2.0 (17 years and over), or PEDI-CAT (16 years and under). The FCA report also includes future occupational therapy goals and planned interventions, a summary, recommendations, and cost breakdown.